



Small tasks. Rewards you choose.

Start with one task and one reward. You can fill in the remaining rows later.

Week beginning: _____

Agree on this first

What counts as finished? A parent checks the task before you record the stars. Choose the rewards and star values together before starting.

Our tasks

Tick each task at most once per day. You do not have to do every task every day.

Task	Stars	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Put toys back in the box	5	☐	☐	☐	☐	☐	☐	☐
_____	5	☐	☐	☐	☐	☐	☐	☐
_____	5	☐	☐	☐	☐	☐	☐	☐

What we are saving stars for

Choose the evening story
Star target: 10

Star target: 20

Example: 5 stars per approved task. A 10-star reward needs 2 such completions (without bonus stars).

At the end of the week

What worked? What would you change next week?

Prefer an app? Try StarJar for free.

1 child · 3 tasks · 2 rewards. Android & iPhone. Optional Premium for more.

jamescullimore.dev/starjar/

The examples are suggestions, not rules. This paper plan does not sync data with the app.